

Resource List Parenting Clinic

Out-Patient Mental Health Services for Children and Families

- ABCD, Inc. (206) 361-6884
abcdseattle.com
many therapists for children and families
Tom DuHamel, Ph.D.
Wayne Duncan, Ph.D.
ODD and conduct problems, ADHD
Esp. good with boys
Linda Weimer, Ph.D.
ODD and conduct problems
- Lea Altmeyer, Ph.D. (206) 524-6244
Social skills groups for elementary ages
- Mariam Araujo, Ph.D. (206) 226-9689
Website: www.mariamaraujo.com
Therapy and diagnostic and neuropsychological assessment of
Neurodevelopmental, learning, emotional and behavioral
issues of children ages 2 to early adulthood
Speaks fluent Spanish.
Located in the Shoreline area.
- Gusty Lee Boulware, Ph.D. (206) 271-4796
Social skills groups and parenting groups
works with kids on Autism scale and “typical
children (between 4 and 8 or 9)
now in Madison Valley, but may move practice
further north
- Martin Bullard, M.S.W. (206) 283-4360
Works with children, adolescents, adults
- Phil Cohen, M.D. (206) 536-5550
Child Psychiatry, former pediatrician
Good med. management
- Carole Cole, Ph.D. (206) 324-4500
Works well with parents and children
- Cynthia Cooley, M.A. (206) 522-0399
Family therapist
- CHDD (206) 685-1242
Anything related to kids not reading, sensory
integration probs., eye contact issues
- Roger Clement, Ph.D. (425) 742-2400
Mill Creek area
- Dr. Doug DiCharry (425) 462-9511
Interlake Psychiatric Associates
Bellevue
- Mary-Ellen Diorio, M.D. (206) 361-6884
Child psychiatry
2611 NE 125th St Ste 225
Seattle, WA

* Practice currently full.

Regina Feinberg Speech and Language Pathologist Social Skills groups for elementary through high school ages Located on Mercer Island	(206) 226-8813
Greg Greenberg, Ph.D. Mercer Island Office Everett Office Evaluation/treatment of children and adolescents Behavioral and emotional difficulties ADHD Evaluations accepts some insurance	(206) 232-2360 (425) 258 4649 ext 2#
Russell Hanford, Ph.D. specializes in children (6+) and adults works with adjustment difficulties, ADHD, depression, anxiety, eating disorders	(206) 409-9613
Jim Harle, M.D. Child psychiatry Bellingham and Longview WA	(360) 671-0383
*Terri Hollinsworth, M.S.W. Child groups	(206) 281-8403
*Laura Kastner, Ph.D.	(206) 324-6444
Mary Kolpacoff, Ph.D. Works with parents and children	(425) 451-9492
Catherine Kuniyoshi, M.D. Child psychiatry Seattle	(206) 685-2071
Ben Lowe, Ph.D. Family therapist	(206) 282-1055
Noble-Newman, Karen Social Skills groups	(206) 909-1937
John Pastor, M.D. Child psychiatry Interlake Psychiatric Associates Bellewood Two 2025 112 th Ave NE Suite 200 Bellevue, WA 98004	(425) 462-9511
Molly Reid, Ph.D. Works with parents and children Woodinville area	(425) 481-5700
Tom Semper, M.D. Child psychiatry 100 Sand Point Way NE Seattle, WA 98105	(206) 987-5450
Jennifer Shannon, M.D. Child and adult psychiatry 6334 Littlerock Rd SW Tumwater, WA 98512	(360) 455-4571
Lance Sobel, Ph.D. Works well with parents and children Especially good with adolescents	(206) 860-0860
Robert Telzrow, M.D. Good pediatrician Especially good with adolescents Ballard Pediatrics	(206) 783-9300

Joyce Victor, M.S.W. parent groups, individual therapy www.theparentingclass.com	(206) 860-7969
Rosemary White Occupational Therapist	(206) 367-5853
Susan Willis, M.D. psychiatrist Excellent med. management Her practice is often full.	(206) 324-4500
Lisa Zbabaschuk, M.D. Child psychiatry 100 Sand Point Way NE Seattle, WA 98105	(206) 987-2055

Information and Referral Services

Alcohol/Drug 24-Hour Help Line	(206) 722-3700
Crisis Line (24-Hour)	(206) 461-3222
Children's Hospital Referral Line	(206) 987-2500
Community Information Line refers to a wide range of services available in King County for low-income families	(206) 461-3200

Services for Families That Offer a Sliding Scale

Center for Human Services (Shoreline): Underserved Populations; Immigrants Parent Classes, Ind. Family Counseling Workshops, Parent/Child Support Groups/Activities	(206) 362-7282
Seattle Mental Health Accepts Medical Coupons, private insurance Sliding Scale family and child counseling domestic violence, drug and alcohol	(206) 302-2300
Ryther Day Treatment Center Early Childhood Ed. Center Preschool Day Treatment (3-5 yrs) Parent Discussion Groups	(206) 525-5050
The Parent Place Counseling and Parenting Services	(206) 542-3421
Presbyterian Counseling Services Sliding Scale; Dep. on Income and Family Size. Private Insurance Counseling for Families and Children	(206) 527-2266
Odessa Brown Children's Clinic Sliding Scale, Medical Coupons Parenting Classes, Child Groups	(206) 987-7200

Emergency/Parents Out of Control

Family Help Line Referrals in all counties Parenting Coach	(206) 233-0139
WA State Domestic Violence Hotline 24-Hour	1-800-562-6025
Harborview Sexual Assault Clinic Sliding fee scale, "Low Income Allowance"	
Crisis Clinic, 24-Hour line	(206) 461-3222

New Beginnings Hotline (206) 522-9472
Women's Shelter
Salvation Army/ Catherine Booth House (206) 324-4943

Educational Assessment

The Learning and Language Clinic (206) 526-2662
Daelene King, Director
Speech and Language Learning Disabilities

Miscellaneous Other Referrals

Experiment Education Unit (EEU) (206) 543-4011
Developmental delays, autism
LEARN Clinic (206) 543-6511
LD and ADHD evaluations
Some sliding scale (they don't bill insurance)
Adoptive Resource Center (206) 524-6020
Bonding/attachment issues
Joan Duroe, M.S.W. (206) 382-7389
Bonding/attachment issues

Revised 3/5/08